

Infinite Potential

According to the latest and cutting edge research, it is not matter that defines space but space, which defines matter. Space is not empty. It is full of energy, full of infinite particles of energy and full of potential. We, as humans, move around in this space or field of infinite potential and we ourselves are made up of space, which holds infinite particles of infinite potential.

Matter is actually 99.999% space.

I conclude, that we are defined by the space we are a part of. We don't define the space. It defines us. Really, space and us are inseparable. We are one.

We are defined yet not limited. We are a container with infinite possibilities held within.

So why do we try and fill every space we can? Do we still believe in the incorrect paradigm that matter defines space and so we fill it indiscriminately? We are not good at leaving space when we talk with each other either and thus create tension and stress (energy disturbance and disharmony).

Let us learn to hold space for one another as this creates safety, trust and nurturing. We can stop competing over space on all levels! There is enough for everyone! As space defines matter, when you hold space for another person you are holding a container of infinite potential, possibilities and energy! Isn't that exciting?!

When we take space for ourselves to step into our own infinite potential, are we creating and manifesting or are we simply allowing the space (energy) to bring into material/physical being what has been held in escrow until we love ourselves enough, feel worthy of all the goodness we wish for, become receptive to it and let it in?

Does all the creating and manifesting get a little tiring and confusing at times, especially when we don't seem to achieve the desired results? Matter is 99.999% space. Space is filled with infinite potential or energy. Maybe we could allow the space (energy) to rearrange itself around us for our heart's desires to show up!

Put out your intention by directing your thoughts to how you want to feel and how you want your life to be and then work (and play) on staying connected to yourself, your higher guidance and to others in the moment, in each moment.

Enjoy longing for something. Enjoy longing without needing to do anything about it. Longing for longing sake. The key is to move into happiness first, to create the vibrational frequency of what you want. Then the Universe will arrange itself around that.

(This article is inspired by my understanding of the exciting work by Nassim Hamein, world-renowned Quantum Physicist and the inspiring teachings of Christian Pankhurst from Heart Intelligence).

Beate Maria Sommer, 16.9.2013